



Star International Academy-George

September 2024 Breakfast K-2nd grade Menu



George News

- Sep 2nd: No School Labor Day
- Sep 4th: -1st Day for Pre-K (Half Day)
- Sep 9th-Oct 4th: NWEA Fall Assessment
- Sep 27th: Half Day student and Staff

This institution is an equal opportunity Provider

Milk Choice of Fat Free Chocolate & Low Fat White served with each lunch & breakfast



Second choice
Variety of whole grains cereal



If you need any further information, Please contact- Mrs. Maissa Jordan at 313-724-8060



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY No School	3 Zaatar & Cheese Pie Fruit/Juice Milk	4 Muffin Fruit/Juice Milk <i>First Day for Pre-k</i>	5 Cereal Fruit/Juice Milk	6 Hot breakfast Fruit/Juice Milk
9 Yogurt Crackers Fruit/Juice Milk	10 Zaatar or Cheese Pie Fruit/Juice Milk	11 Muffin Fruit/Juice Milk	12 Cereal Fruit/Juice Milk	13 Hot Breakfast Fruit/Juice Milk
16 W.G Croissant Fruit/Juice Milk Cream Cheese	17 Zaatar or Cheese Pie Fruit/Juice Milk	18 Muffin Fruit/Juice Milk	19 Cereal Fruit/Juice Milk	20 Hot Breakfast Fruit/Juice Milk
23 Bagel Fruit/Juice Milk Cream Cheese	24 Zaatar or Cheese Pie Fruit/Juice Milk	25 Muffin Fruit/Juice Milk	26 Cereal Fruit/Juice Milk	27 Hot Breakfast Fruit/Juice Milk
30 Croissant Fruit/Juice Milk Cream Cheese				

It's important for kids to have breakfast every day. Choosing breakfast foods that are rich in whole grains, fiber, and protein while low in added sugar may boost kids' attention span, concentration, and memory, which they need to learn in school