

STAR INTERNATIONAL ACADEMY -GEORGE

JANUARY 2025, PRE-K LUNCH MENU



George News

- December 23-Jan 3rd No School; Winter Break
- Return to school January 6, 2025



ALL MEAT IS HALAL CERTIFIED

Low Fat White Milk served with each lunch & breakfast



Our GSRP program provides daily family-style meals and snacks to students, to nurture and grow their social and emotional skills

Monday	Tuesday	Wednesday	Thursday	Friday
6 Lentil soup Bosco bread Carrots Fruit Milk Ranch	7 Beef Nacho Cheese Sauce Red salsa/shredded lettuce Fruit Milk Sour cream	8 Smart Slice Pizza Broccoli/legumes Fruit Milk Ranch	9 Chicken nuggets Dinner Roll Smiley Potatoes Fruit Milk Ketchup/ BBQ	10 Half Day No Lunch Breakfast Only
13 Mini Ravioli with Alfredo ort Marinara sauce Bread Stick Broccoli Fruit Milk	14 Chicken Fajita Yellow rice with corn and carrots Fruit Milk	15 Smart Slice Pizza Broccoli/Legumes Fruit Milk Ranch	17 Fish Patty/ W.G Bun Green Salad Ketchup/ Tartar Fruit Milk Dressing	17 Half Day No Lunch Breakfast Only
20 No School Dr. Martin Luther King, Jr DAY	21 Chef Choice Mixed Vegetables Fruit Milk	22 Smart Slice Pizza Broccoli/ Garbanzo beans Fruit Milk Ranch	23 Chicken Patty W.G Bun Mashed Potatoes Fruit Milk Ketchup/ BBQ	24 Half Day No Lunch Breakfast Only
27 Mac & Cheese Garlic Bread Carrots Fruit Milk	28 Chicken Shawrma Tortila Bread Corn Fruit Milk	29 Smart Slice Pizza Broccoli/ Garbanzo beans Fruit Milk Ranch	30 Turkey & Cheese Sandwich Green Salad Fruit Milk Dressing Mayo	31 Half Day No Lunch Breakfast Only

What's on the menu?

The school lunch changes include more fruits, vegetables, and whole grains; a shift to low-fat or nonfat milk; and limits on calories, sodium, and unhealthy fats.