



# Star International Academy-George

November 2024 K-2nd grade Breakfast Menu



All Meats & Poultry are HALAL

- Nov 5th: No School student only: Staff PD(8Am-4PM)
- NOV 8th: Half day Students and staff
- NOV 21-22nd: parent teacher conference2
- Nov 27-29: No school: Thanksgiving Break

Second choice

All varieties of whole grain cereal every morning

Strawberry/chocolate and white milk served with all meals



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today???  
Drop us a note let us know !!!  
Suggestions are Welcome !!!



If you need any further information, Please contact- Mrs.Maissa Jordan at 3137248060

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <b>Hot Breakfast</b> Fruit/Juice Milk 
4 Banana Bread Fruit/Juice Milk	5 <b>NO SCHOOL</b>	6 Mufin  Fruit/Juice Milk	7 Cereal Fruit/Juice Milk 	8 <b>Hot Breakfast</b> Fruit/Juice Milk
11 Breakfast Bar Fruit/Juice Milk	11 Cheese & Zaatar pie Fruit/Juice Milk 	13 Mufin  Fruit/Juice Milk	14 Cereal Fruit/Juice Milk 	15 <b>Hot Breakfast</b> Fruit/Juice Milk
18 Croissant  Fruit/Juice Milk <b>Cream cheese</b>	19 Cheese & Zaatar pie Fruit/Juice Milk 	20 Mufin  Fruit/Juice Milk	21 Cereal FruitJuice Milk 	22 <b>Hot Breakfast</b> Fruit/Juice Milk 
25 Yogurt/Cracker Fruit/Juice Milk 	26 Cheese & Zaatar pie Fruit/Juice Milk 	27	28	29

Happy Thanksgiving



**Pumpkin season**

Pumpkin is full of fiber and beta-carotene, which provides its vibrant orange color. Beta-carotene converts into vitamin A in the body, which is great for your skin and eyes.