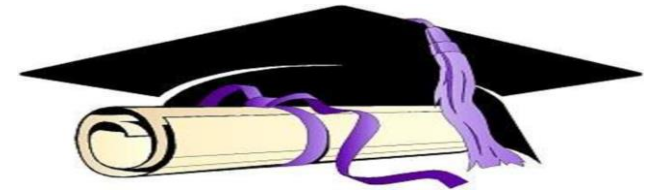




Star International Academy

JUNE 2024 K-8 LUNCH MENU




All Meats & Poultry are HALAL

GREAT NEWS!!!!
 All of our students have been approved to receive Breakfast and Lunch meals at No Cost to Them, FREE !!!

June 14: Last Day for Students

Summer Program
 This institution is an equal opportunity Provider and Employer

Milk Choice of Fat Free Chocolate or Strawberry, & Low Fat White served with each lunch & breakfast
 2nd Choice: PB & Jelly






LUNCH PRICES
 FREE FOR ALL STUDENTS
 Additional Lunch Meal may be purchased for:
 \$ 3.00 (Students)
 \$ 5.00 (Adults)
 Lunch Served Monday-Thursday

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today???
 Drop us a note let us know !!!
 Suggestions are Welcome !!!


 If you need any further Information, Please contact- Mrs. Fatme Saleh at (734) 331-3081

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3 Maccaroni & Cheese Garlic Bread Mixed Veggies Fruit Juice Hummus 2nd Choice PB & Jelly	4 Hamburger Cheese Slice & Bun Baked Fries Fruit Juice Hummus 2nd Choice PB & Jelly	5 Pizza (Cheese/Pepperoni/Veggie) Salad/Dip/ Baked Fries Fruit Juice 2nd Choice PB & Jelly	6 Spaghetti with meat & Red Sauce Garlic Bread Mixed Veggies or Carrots Fruit/Juice 2nd Choice PB & Jelly	7  Half Day No Lunch Breakfast only
10 Hot dogs Baked Fries Or Mashed Totatoes Fruit Juice Hummus 2nd Choice PB & Jelly	11 Kafta with Red Sauce and potato Rice Salad/ Corn Fruit Hummus 2nd Choice PB & Jelly	12 Pizza (Cheese/Pepperoni/Veggie) Hummus /Corn Carrots Fruit Juice 2nd Choice PB & Jelly	13 Breakfast For Lunch and Chef's Choice Fruit Fruit Juice 2nd Choice PB & Jelly	14  Half Day No Lunch Breakfast only



MAKE A HEALTHY MEAL CHOICE, YOU GET TO CHOOSE 3 COMPONENTS OUT OF THE 5 OFFERED.
 ONE OF THE 3 COMPONENTS SHOULD BE (FRUIT OR VEGETABLE)
 WE RECOMMAND TAKING ALL 5 COMPONENTS OFFERED FOR A HEALTHIER MEAL OPTION

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.