



Star International Academy

MARCH 2025 GSRP BREAKFAST MENU



Cereal Choices are:
Kix
Cheerios
Chex Rice
Pops

This institution is an equal opportunity Provider and Employer



Milk Choice of 1% White Only served with each Meal

BREAKFAST
Served as Family Style
Enjoy Dining with your

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Let us hear from you .
How was your breakfast today ?
Suggestions are welcome!!!

If you need any further information, Please contact Mrs. Fatme Saleh at (734) 331-3081

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 3 Cereal Fresh fruit / Milk  | 4 Hot Breakfast Fresh fruit / Milk  | 5 Cereal Fresh fruit / Milk  | 6 Cheese Pie Fresh fruit / Milk  | 7 Muffin Fresh fruit / Milk  |
| 10 Cereal Fresh fruit / Milk  | 11 Hot Breakfast Fresh fruit / Milk  | 12 Cereal Fresh fruit / Milk  | 13 Cheese Pie Fresh fruit / Milk  | 14 NO SCHOOL Staff PD |
| 17 Cereal Fresh fruit / Milk  | 18 Hot Breakfast Fresh fruit / Milk  | 19 Cereal Fresh fruit / Milk  | 20 Cheese Pie Fresh fruit / Milk  | 21 Muffin Fresh fruit / Milk  |
| 24 NO SCHOOL | 25 NO SCHOOL | 26 NO SCHOOL | 27 NO SCHOOL | 28 NO SCHOOL |
| 31 NO SCHOOL Staff PD |  |  |  | |

FRUITS & MILK SERVED WITH EACH BREAKFAST

Nutritionists advise breakfast should be eaten within two hours of waking. A healthy breakfast should provide calories in the range of 20-35% of your guideline daily allowance (GDA).