

STAR INTERNATIONAL ACADEMY

OCTOBER 2024 3-12 BREAKFAST MENU



Cereal Choices are:
Trix
Coco Puffs
Cheerios
Cinn. Toast Crunch

This institution is an equal opportunity Provider and Employer



Milk Choice of Fat Free
Chocolate and Strawberry,
Low Fat White

All Items can be
purchased Ala-Carte
Staff Breakfast \$3.25

MENU IS SUBJECT TO
CHANGE WITHOUT NOTICE

Breakfast served daily
in the cafeteria from
7:30 a.m. - 7:45 a.m.

If you need any further information,
Please contact
Mrs. Jennifer Hofer at
(313) 724-8990 ext. 119
jhofer@starpasa.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Zaatar/Cheese OR Meat Pie 100 % Juice Fruit/Milk 2nd Choice Cereal	2 Breakfast Bar Fruit / Milk 2nd Choice Muffin	3 Assorted Cereal Goldfish/Blueberry Bites 100 % Juice Fruit / Milk 2nd Choice Muffin	4 French Toast Fruit / Milk 2nd Choice Cereal
7 Assorted Cereal Goldfish/Blueberry Bites Fruit / Milk 2nd Choice Muffin	8 Zaatar/Cheese OR Meat Pie 100 % Juice Fruit/Milk 2nd Choice Cereal	9 WG Donuts Fruit/Milk 2nd Choice Cereal	10 Assorted Cereal Goldfish/Blueberry Bites 100 % Juice Fruit / Milk 2nd Choice Muffin	11 Waffles Fruit/Milk 2nd Choice Cereal
14 Assorted Cereal Goldfish/Blueberry Bites Fruit / Milk 2nd Choice Muffin	15 Zaatar/Cheese OR Meat Pie 100 % Juice Fruit/Milk 2nd Choice Cereal	16 French Toast Loaf or Texas Toast Fruit/Milk 2nd Choice Cereal	17 Assorted Cereal Goldfish/Blueberry Bites 100 % Juice Fruit / Milk 2nd Choice Muffin	18 Pancakes syrup Fruit/Milk 2nd Choice Cereal
21 Assorted Cereal Goldfish/Blueberry Bites Fruit / Milk 2nd Choice Muffin	22 Zaatar/Cheese OR Meat Pie 100 % Juice Fruit/Milk 2nd Choice Cereal	23 Oatmeal Brekkie Fruit / Milk 2nd Choice Cereal	24 Assorted Cereal Goldfish/Blueberry Bites 100 % Juice Fruit / Milk 2nd Choice Muffin	25 Toasted Bagel Cream Cheese/Jelly Fruit/Milk 2nd Choice Cereal
28 Assorted Cereal Goldfish/Blueberry Bites Fruit / Milk 2nd Choice Muffin	29 Zaatar/Cheese OR Meat Pie 100 % Juice Fruit/Milk 2nd Choice Cereal	30 Assorted Sliced Bread Fruit / Milk 2nd Choice Cereal	31 Assorted Cereal Goldfish/Blueberry Bites 100 % Juice Fruit / Milk 2nd Choice Muffin	



Students who eat breakfast have better attention and memory- and studies show that eating breakfast at school results in higher test scores.